
Essential Techniques in Elbow Surgery

Samuel Antuña • Raúl Barco
Editors

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 Springer

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ISBN 978-3-319-31573-7 ISBN 978-3-319-31575-1 (eBook)
DOI 10.1007/978-3-319-31575-1

Library of Congress Control Number: 2016945763

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Printed on acid-free paper

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Foreword

Our understanding of elbow disorders and their treatment has evolved rapidly over the last 50 years. Unfortunately, many surgeons have limited experience managing elbow conditions due to their lower incidence relative to diseases of other joints. Given that the elbow has often been described as an “unforgiving joint”, it is not surprising that surgeons rely on experts for technical advice as to how to optimize the results of elbow surgery.

The book *Essential Techniques in Elbow Surgery* fulfills the need of orthopaedic residents and practicing clinicians providing them clear and well-illustrated descriptions of how to manage commonly encountered elbow disorders. Professors Antuna and Barco, international leaders in managing elbow disorders, have chosen the contributors for this book very carefully. Each of the authors are acknowledged experts who concisely explain the surgical treatment of common elbow disorders. The chapters are well structured with a brief background of the various disorders, pre-operative imaging, intra-operative positioning, step-by-step surgical technique, post-operative rehabilitation and clinical results. I found the author’s perspective at the end of each chapter extremely valuable given the stature of the contributors to the book.

I congratulate all of the authors for their contributions as well as the editors for their efforts in bringing this project to fruition. I am sure surgeons worldwide will find this book of value in their practice and, of course, our patients will benefit from the knowledge imparted by the contributors in this book.

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Preface

The book you have in your hands has been written as a continuation of the previous *Essentials in Elbow Surgery*, published in 2014. We could say that this *Essential Techniques in Elbow Surgery* completes the information contained in the first volume. Once you understand the etiology and clinical approach to the ten most common pathologic conditions affecting the elbow, we hope that after reading this book you will become familiar with the ideal surgical techniques to address them. These procedures represent close to 90% of the surgical activity around the elbow in our daily practice.

This volume has been developed again by some of the most experienced, famous, and also most generous elbow surgeons in the world. This is teamwork, and therefore, *Essentials* is their creature. We thank them all for their commitment with education. We have all tried to build a book with very homogeneous format, easy readable, and with very practical information. We truly believe it will be of great value to our residents, fellows, and young consultants who want to develop a career as elbow surgeons. But it is also the general orthopedic surgeon who deals occasionally with elbow problem to whom this book is aimed. We hope our work will help patients around the globe.

We are grateful to our peers in the Hospital Universitario La Paz, and other hospitals along Spain and Europe, for trusting us the care of their patients. We can probably state today that the elbow is not any more the forgotten joint. Thank you to this and other similar efforts, patients with elbow problems are now treated much better than they have been in the past.

But being the elbow a passion for us, it is only the family who keeps us going, happy and fully devoted to our patients. Ana, Elena, Carla, Adriana, Miguel, and Daniel have the 12 most important elbows in our lives.

Madrid, Spain
Madrid, Spain
March 2016

Samuel Antuña
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